DECEMBER 2018 JRHS & ESDS BASEBALL CONCENTRATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2 Lindsay Place HS (LBPHS Optional) 10am-12pm - Pitch & Catchers (12 yrs -) 12pm - 2pm - Hitting & Defence (12 yrs -) 2pm - 4 pm - Pitching & Catching (13 yrs+) 4pm - 6pm - Hitting & Defence (13 yrs +)
3 JRHS & ESDS 12:50-16:00 JRHS EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30	4 JRHS & ESDS 13:00 - 16:00 Club Dome	5 JRHS & ESDS 13:00 - 16:00 Club Dome EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30	6 JRHS & ESDS 13:00 - 16:00 Club Dome	7 JRHS & ESDS 12:50-16:00 JRHS	8	9 Lindsay Place HS (LBPHS Optional) 10am-12pm - Pitch & Catchers (12 yrs -) 12pm - 2pm - Hitting & Defence (12 yrs -) 2pm - 4 pm - Pitching & Catching (13 yrs+) 4pm - 6pm - Hitting & Defence (13 yrs +)
10 JRHS & ESDS 12:50-16:00 JRHS EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30	11 JRHS & ESDS 13:00 - 16:00 Club Dome	12 JRHS & ESDS 13:00 - 16:00 Club Dome EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30	13 JRHS & ESDS 13:00 - 16:00 Club Dome	14 JRHS & ESDS 12:50-16:00 JRHS	15	16 Lindsay Place HS (LBPHS Optional) 10am-12pm - Pitch & Catchers (12 yrs -) 12pm - 2pm - Hitting & Defence (12 yrs -) 2pm - 4 pm - Pitching & Catching (13 yrs+) 4pm - 6pm - Hitting & Defence (13 yrs +)
17 JRHS & ESDS 12:50-16:00 JRHS EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30	18 JRHS & ESDS 13:00 - 16:00 Club Dome	19 JRHS & ESDS 13:00 - 16:00 Club Dome EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30	20 JRHS & ESDS 13:00 - 16:00 Club Dome	21 HAPPY HOLIDAYS NO TRAINING	22 HAPPY HOLIDAYS NO TRAINING	23 HAPPY HOLIDAYS NO TRAINING
24 HAPPY HOLIDAYS NO TRAINING	25 HAPPY HOLIDAYS NO TRAINING	26 HAPPY HOLIDAYS NO TRAINING	27 HAPPY HOLIDAYS NO TRAINING	28 HAPPY HOLIDAYS NO TRAINING	29 HAPPY HOLIDAYS NO TRAINING	30 HAPPY HOLIDAYS NO TRAINING