



Dec-17
SPORT ETUDES CONCENTRATION BASEBALL JRHS,ESDS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 PED ESDS JRHS 1-4	2	3 LINDSAY PLACE HIGH SCHOOL INDOOR TRAINING 10-12 PITCHER & CATCHER 9+ 12-2 HITTING & DEFENCE 9+ 2-4 PITCHER & CATCHER 13+ 4-6 HITTING & DEFENCE 13+
4 ESDS & JRHS AT JRHS 1-4 JRHS & ESDS PARENT-COACHES-MEETING 1PM-9PM	5 ESDS & JRHS DOME 1-4 JRHS & ESDS PARENT-COACHES-MEETING 3PM-9PM	6 ESDS & JRHS DOME 1-4 JRHS & ESDS PARENT-COACHES-MEETING 1PM-9PM	7 ESDS & JRHS DOME 1-4 JRHS & ESDS PARENT-COACHES-MEETING 3PM-9PM	8 ESDS & JRHS AT JRHS 1-4	9	10 LINDSAY PLACE HIGH SCHOOL INDOOR TRAINING 10-12 PITCHER & CATCHER 9+ 12-2 HITTING & DEFENCE 9+ 2-4 PITCHER & CATCHER 13+ 4-6 HITTING & DEFENCE 13+
EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30		EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30				
11 ESDS & JRHS AT JRHS 1-4	12 ESDS & JRHS DOME 1-4	13 ESDS & JRHS DOME 1-4	14 ESDS & JRHS DOME 1-4	15 ESDS & JRHS 1-4	16	17 LINDSAY PLACE HIGH SCHOOL INDOOR TRAINING 10-12 PITCHER & CATCHER 9+ 12-2 HITTING & DEFENCE 9+ 2-4 PITCHER & CATCHER 13+ 4-6 HITTING & DEFENCE 13+ END OF INDOOR TRAINING
EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30		EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30				
18 ESDS & JRHS AT JRHS 1-4	19 ESDS & JRHS DOME 1-4	20 ESDS & JRHS DOME 1-4	21 ESDS RECUPERATION JRHS GROUP PED NO TRAINING	22 ESDS & JRHS 1PM X-MAS LUNCH	23 HAPPY HOLIDAYS	24 HAPPY HOLIDAYS
EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30		EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30				
25 HAPPY HOLIDAYS	26 HAPPY HOLIDAYS	27 HAPPY HOLIDAYS	28 HAPPY HOLIDAYS	29 HAPPY HOLIDAYS	30 HAPPY HOLIDAYS	31 HAPPY HOLIDAYS



January 2018
SPORT ETUDES CONCENTRATION BASEBALL JRHS & ESDS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 HOLIDAY	2 HOLIDAY	3 HOLIDAY	4 HOLIDAY	5 HOLIDAY	6	7 Lindsay Place HS (LBPHS Optional) 10am-12pm - Pitch & Catchers (9 yrs +) 12pm - 2pm - Hitting & Defence (9 yrs +) 2pm - 4 pm - Pitching & Catching (13 yrs+) 4pm - 6pm - Hitting & Defence (13 yrs +)
8 JRHS 1PM-4PM EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30	9 ESDS & JRHS DOME 1-4	10 ESDS & JRHS DOME 1-4 EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30	11 ESDS & JRHS DOME 1-4	12 JRHS 1PM-4PM	13	14 Lindsay Place HS (LBPHS Optional) 10am-12pm - Pitch & Catchers (9 yrs +) 12pm - 2pm - Hitting & Defence (9 yrs +) 2pm - 4 pm - Pitching & Catching (13 yrs+) 4pm - 6pm - Hitting & Defence (13 yrs +)
15 JRHS 1PM-4PM EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30	16 ESDS & JRHS DOME 1-4	17 ESDS & JRHS DOME 1-4 EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30	18 GROUP PED STUDY DAYS NO TRAINING	19 GROUP PED STUDY DAYS NO TRAINING	20	21 Lindsay Place HS (LBPHS Optional) 10am-12pm - Pitch & Catchers (9 yrs +) 12pm - 2pm - Hitting & Defence (9 yrs +) 2pm - 4 pm - Pitching & Catching (13 yrs+) 4pm - 6pm - Hitting & Defence (13 yrs +)
22 NO TRAINING EXAM WEEK	23 NO TRAINING EXAM WEEK	24 NO TRAINING EXAM WEEK	25 NO TRAINING EXAM WEEK	26 NO TRAINING EXAM WEEK	27	28 Lindsay Place HS (LBPHS Optional) 10am-12pm - Pitch & Catchers (9 yrs +) 12pm - 2pm - Hitting & Defence (9 yrs +) 2pm - 4 pm - Pitching & Catching (13 yrs+) 4pm - 6pm - Hitting & Defence (13 yrs +)
29 JRHS 1PM-4PM EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30	30 ESDS & JRHS DOME 1-4	31 ESDS & JRHS DOME 1-4 EXTENDED INDOOR TRAINING JOHN RENNIE HS 4:30-6:30 6:30-8:30				